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REVIEWER'S REPORT

Manuscript No.: IJAR-59703

Title: Premenstrual Syndrome and Homoeopathy: Bridging Traditional Principles with Contemporary Scientific Evidence.

Recommendation:
Accept as it is .....
Accept after minor revision.....
Accept after major revision .....
Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer's ID: JPR-286

Detailed Reviewer's Report

The manuscript addresses a relevant healthcare topic by critically examining the role of Homoeopathy in the management of Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (PMDD). It provides a comprehensive overview of the epidemiology, conventional treatment approaches, traditional Homoeopathic principles, and available clinical evidence. The inclusion of clinical trials, systematic reviews, comparative tables, and quantitative findings adds value to the discussion. The manuscript also appropriately acknowledges the limitations of existing Homoeopathic research, including small sample sizes, methodological weaknesses, placebo responses, and the lack of sufficient evidence to establish treatment efficacy. The comparison between traditional principles and contemporary scientific understanding is particularly relevant. However, some minor revisions are required regarding the consistency and accuracy of references, methodological transparency, presentation of statistical findings, and overall language and formatting. The discussion would also benefit from clearer differentiation between traditional Homoeopathic concepts and scientifically established clinical evidence. Overall, the manuscript is relevant, informative, and contributes to the ongoing discussion of evidence-based Homoeopathic practice. It is suitable for publication after minor revision.