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REVIEWER'S REPORT

Manuscript No.: IJAR- 59630

Title: Exploring the Clinical Efficacy of Individualized Homoeopathy in Chronic Disease Management

Recommendation:

Accept as it is .....

Accept after minor revision.....

Accept after major revision .....

Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity	Excellent			
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

1. **Individualized homeopathy is the core practice of selecting a specific homeopathic remedy based entirely on a person's unique profile of symptoms rather than a generalized disease diagnosis. Developed in Germany in the late 18th century by Samuel Hahnemann, this holistic approach rests on treating the patient as a whole—encompassing physical, psychological, and lifestyle attributes.**
2. **Constitutional prescribing is a holistic approach in homeopathy where a single remedy is chosen for the whole person rather than for a specific disease name or isolated symptom.**
3. **The term "constitutional prescription" can mean completely different things depending on the professional context. Most frequently, it refers to a core holistic philosophy within homeopathy, but it also carries distinct meanings in clinical medicine and public policy.**
4. **The miasma theory is an obsolete medical belief that held that diseases like cholera, plague, and malaria were caused by a**

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miasma—a noxious form of "bad air" or "night air" emanating from rotting organic matter, filth, and stagnant swamps.

5. **The miasma theory is an obsolete medical theory positing that diseases—such as cholera, the Black Death, and malaria—were caused by inhaling "bad air" or noxious vapors (miasmas) emanating from decaying organic matter. Originating in ancient Greece and dominating Western medical thought for centuries, it was eventually disproven and replaced.**
6. **A randomized controlled trial (RCT) is a type of scientific experiment where participants are assigned by chance (randomly) to either an intervention group (receiving a new treatment, drug, or procedure) or a control group (receiving a placebo, standard care, or no treatment)**
7. **Systematic evidence appraisal is a structured, objective method used to examine research literature to determine its validity (methodological quality), reliability (trustworthiness of results), and relevance (applicability to a specific question or population)**
8. **Systematic Evidence Appraisal (often called critical appraisal) is the process of carefully and systematically examining research to judge its trustworthiness, value, and relevance within a specific context. In the context of evidence-based practice and systematic reviews, it ensures that data collection avoids the "garbage in, garbage out" trap by evaluating the design, conduct, and analysis of individual studies before they are synthesized.**
9. **Clinical efficacy measures how well a medical treatment, drug, or intervention produces a desired therapeutic effect under ideal, controlled conditions—such as in a randomized controlled trial (RCT)—rather than in everyday real-world use.**
10. **The clinical efficacy of individualized homeopathy (IH) remains a highly controversial subject within mainstream medicine and medical research. Because individualized homeopathy selects remedies based on a patient's complete symptom picture—including emotional state, specific physical modalities, and constitutional personality factors—conducting standardized, double-blind randomized controlled trials (RCTs) presents unique methodological challenges.**

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11. **Individualized homeopathy is a form of complementary medicine that focuses on selecting remedies based on a person's unique, entire symptom profile rather than a standard disease diagnosis. When applied to chronic disease management, it aims to capture unusual or highly specific patient patterns to tailor long-term treatment.**
12. **While some modern clinical studies and reviews note that it may offer modest adjunctive benefits for symptom relief and overall patient satisfaction, its specific therapeutic mechanisms remain scientifically unverified. Major medical and scientific frameworks do not recognize homeopathy as an evidence-based standalone treatment, viewing its clinical benefits as primarily derived from the holistic consultation process, which functions similarly to a supportive psychotherapeutic technique.**
13. **Key words are excellent.**
14. **Result part with significant points are impressive. Can be included graphs for values.**
15. **Summary points also be included.**
16. **References should be with alphabetical order.**
17. **After those changes good to publish in your journal.**