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REVIEWER'S REPORT

Manuscript No.: IJAR-59575

Title: AI at Work: Effects on Work-Life Balance

Recommendation:

Accept as it is .....

Accept after minor revision Yes

Accept after major revision .....

Do not accept (*Reasons below*).....

Rating	Excel.	Good	Fair	Poor
Originality		yes		
Techn. Quality		yes		
Clarity		yes		
Significance		yes		

Reviewer's ID: JPR- Dr.Himanshu Gaur

Detailed Reviewer'sReport

The paper examines the impact of artificial intelligence on employees' work-life balance, job security, stress, and job satisfaction. The study uses survey data from 100 employees in the IT and banking sectors and applies correlation and regression analysis.

The findings indicate a strong negative relationship between job insecurity and work-life balance ($r = -0.874$, $p < 0.001$). The paper highlights relevant issues associated with AI adoption and provides practical recommendations for employee well-being.

Recommendation: Minor Revision.

Comments: The paper addresses a relevant and contemporary topic. However, the authors should improve academic language, clarify the sampling method and measurement scales, provide more details about the statistical analysis, and support the findings with relevant literature. The conclusion should also avoid making causal claims based solely on correlation and regression results.