

REVIEWER'S REPORT

Manuscript No.: IJAR-59327

Title: Panchakarma in Stroke Rehabilitation: Integrating Ayurvedic Principles with Contemporary Neuro-rehabilitation.

Recommendation:

- Accept as it is
 Accept after minor revision.....
 ✓ Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study:

- Relevant topic in stroke rehabilitation
- Integrates Ayurvedic and modern approaches
- Clearly explains Pakshaghata
- Discusses neuroplasticity appropriately
- Covers different Panchakarma procedures
- Emphasizes individualized treatment
- Supports modern rehabilitation as essential
- Discusses acute, subacute and chronic stages
- Provides practical clinical perspectives
- Identifies the need for future research

Weakness of the study:

- Review methodology is not clearly described
- Search strategy and selection criteria are absent
- No formal evidence assessment is provided
- Clinical effectiveness claims need stronger evidence
- Safety of procedures needs more discussion
- Some mechanisms remain theoretical
- Recent clinical studies are limited
- References are mainly classical sources
- Some statements are repetitive
- Grammar and formatting need correction

Reviewers Comments:

The manuscript addresses an interesting and clinically relevant topic by discussing Panchakarma as a supportive component of stroke rehabilitation. The distinction between stroke and Pakshaghata is appropriately explained, and the manuscript correctly emphasizes that Ayurvedic procedures should complement rather than replace modern rehabilitation. However, the paper requires major revision. As this is a conceptual review and does not involve human participants, ethical clearance is not applicable, but this should be clearly stated in the manuscript. The review methodology is insufficiently described, with no clear literature search strategy, selection criteria or assessment of evidence quality. Several therapeutic and physiological statements remain theoretical and should be supported by recent clinical evidence. The limitations of existing Ayurvedic studies should also be discussed more clearly. The manuscript would benefit from stronger integration of contemporary stroke rehabilitation literature. Grammar, spacing, sentence construction and reference formatting require careful editing. Overall, the topic is valuable, but substantial revision is needed.

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Previously Published anywhere/Plagiarism check:

An exact title search did not identify the same publication. However, closely related reviews and studies on Panchakarma, Ayurveda and stroke rehabilitation have already been published, including a 2025 systematic review of Ayurvedic interventions in hemiplegia. The manuscript should clearly highlight its specific contribution and differences from existing reviews. A formal similarity check is recommended.