

REVIEWER'S REPORT

Manuscript No.: IJAR-59303

Title: Integrative Naturopathy and Yoga Module as Adjunctive Care in the Management of Cellulitis: A 21-Day Single Case Report.

Recommendation:

Accept as it is ☐☐☐☐

Accept after minor revision ☒☐☐☐

Accept after major revision ☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality		√		
Clarity		√		
Significance		√		

Reviewer ID: JP085

Reviewer's Comment for Publication.

The article presents a single case of a 68-year-old obese male with bilateral lower-limb swelling, cellulitis, varicose veins and hypertension. The patient received conventional medicines along with naturopathy and yoga for 21 days. Improvements were reported in edema, pain, CRP, cellulitis severity, sleep, weight and BMI.

Strength:

1. The topic is relevant to integrative and supportive healthcare.
2. The patient's clinical details and treatment plan are described.
3. Several outcome measures are used, including CRP, BMI, VAS, CSS and ISI.
4. The article provides pre- and post-treatment results.
5. A 2-month follow-up is included.
6. Patient consent is mentioned.
7. The authors clearly state that controlled studies are needed to confirm the findings.

Weakness:

1. This is only a single case, so the results cannot be generalized.
2. Many treatments were given together, so it is difficult to know which treatment caused the improvement.
3. The patient also received antibiotics and antihypertensive treatment, which may have contributed to improvement.
4. The diagnosis and severity of cellulitis need clearer documentation.
5. Some naturopathy methods are not sufficiently supported by clinical evidence.
6. The 11 kg weight loss in 21 days needs better explanation and monitoring.

Overall assessment:

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The article presents an interesting case of naturopathy and yoga used along with conventional treatment for cellulitis. The clinical improvements are clearly presented, but because it is a single case with multiple treatments, it cannot establish the specific effectiveness of naturopathy or yoga.

Recommendation: Manuscript accepted for publication after minor revision.