

REVIEWER'S REPORT

Manuscript No.: IJAR-59303

Title: INTEGRATIVE NATUROPATHY AND YOGA MODULE AS ADJUNCTIVE CARE IN THE MANAGEMENT OF CELLULITIS: A 21-DAY SINGLE CASE REPORT.

Recommendation:

- Accept as it is
 Accept after minor revision.....
 ✓ Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study:

- Clinically relevant integrative medicine topic
- Detailed case history is provided
- Multiple clinical outcomes are assessed
- Standardized assessment scales are used
- Intervention protocol is described in detail
- Before and after findings are presented clearly
- Clinical photographs support the reported improvement
- Two month follow up is included
- Patient perspective is reported
- Conventional treatment was continued

Weakness of the study:

- Diagnosis of cellulitis is not sufficiently established
- Chronic edema and varicose veins may confound the diagnosis
- No microbiological confirmation is reported
- Doppler findings are not described
- Multiple interventions prevent attribution of individual effects
- No objective statistical analysis is possible
- CRP reduction is nonspecific
- Large short term weight loss needs explanation
- Ethical approval is not reported
- Grammar and terminology require correction

Reviewers Comments:

The case report presents an interesting integrative approach to a patient diagnosed with cellulitis and associated chronic lower limb edema. The detailed treatment protocol and assessment of pain, edema, CRP, BMI, sleep and cellulitis severity are useful features. However, major revision is required. The diagnosis of cellulitis needs stronger documentation because the patient had a two year history of bilateral edema and varicose veins without fever or other clear systemic features, and conditions such as chronic venous insufficiency or lymphedema may contribute to the findings. The Doppler result and other relevant laboratory findings should be reported. Since many interventions were administered simultaneously, the improvement cannot be attributed specifically to yoga, naturopathy, diet or any individual therapy. The reduction in CRP is also nonspecific. Ethical clearance or institutional approval should be clarified, while

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publication consent is reported. There is also an inconsistency where the male patient is referred to as female in the consent statement. Grammar and writing need substantial editing.

Previously Published anywhere/Plagiarism check:

An exact title search did not identify the same publication. However, several related case reports have already evaluated integrated yoga and naturopathy as adjunctive care in different conditions, including chronic urticaria, metabolic syndrome and other disorders. The present cellulitis application appears distinct, but a formal similarity check is recommended before publication.