

## REVIEWER'S REPORT

Manuscript No.: IJAR-58603

*Title: A Case Report on Clinical Improvement in Manyastambha through Targeted Ayurvedic Therapy*

### Recommendation:

- Accept as it is .....  
 ✓ Accept after minor revision.....  
 Accept after major revision .....  
 Do not accept (*Reasons below*) .....

| Rating         | Excel. | Good | Fair | Poor |
|----------------|--------|------|------|------|
| Originality    |        | ✓    |      |      |
| Techn. Quality |        | ✓    |      |      |
| Clarity        |        | ✓    |      |      |
| Significance   | ✓      |      |      |      |

Reviewer Name: Dr S. K. Nath

### Detailed Reviewer's Report

#### Strength of the study:

- The case addresses a common musculoskeletal condition with clinical relevance
- The treatment protocol is clearly described and easy to understand
- Baseline and post treatment clinical findings are well documented
- Symptom grading improves assessment of therapeutic response
- Radiological findings support the clinical diagnosis
- The discussion is supported by relevant Ayurvedic literature
- The report provides useful information for future clinical research

#### Weakness of the study:

- The report is limited to a single patient without long term follow up
- Objective outcome measures were limited
- Ethical approval and patient consent should be stated more clearly
- No comparison with conventional treatment was provided
- Statistical analysis is not applicable but should be acknowledged
- Minor grammatical and formatting errors require correction
- Larger clinical studies are needed to validate the findings

#### Reviewers Comments:

This manuscript presents an interesting case of Manyastambha managed with a combined Ayurvedic treatment protocol consisting of Ruksha Baluka Sweda and Vatavidhvasan Ras. The topic is relevant because cervical spondylosis is a common clinical problem, and the report demonstrates noticeable symptomatic improvement after treatment. The clinical presentation, treatment details, and outcome measures are described in a logical manner, making the report easy to follow. However, the manuscript would benefit from careful language editing to correct grammatical errors, improve sentence structure, and ensure consistency in formatting. Ethical aspects should be strengthened by clearly mentioning institutional ethical approval or stating that it was not required for a single case report, along with confirmation of written informed patient consent for publication. The absence of long term follow up and objective functional assessment limits the strength of the conclusions. Overall, this is a useful educational case report that contributes preliminary evidence and is suitable for publication after minor revision.

#### Previously Published anywhere/Plagiarism check:

The manuscript appears to present an original clinical case, and no obvious evidence of previous publication or duplicate submission was identified from the reviewed version. No clear signs of plagiarism were observed. However, a routine plagiarism similarity check should be performed by the journal before publication to confirm originality and compliance with publication ethics.