

REVIEWER'S REPORT

Manuscript No.: IJAR-58582

Title: Therapeutic Efficacy of Mrudvika (Vitis vinifera Linn.) in Malavibandha: A Single Case Study.

Recommendation:

Accept as it is ☐☐☐☐..

Accept after minor revision ☐☐☒☐

Accept after major revision ☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality		√		
Clarity		√		
Significance		√		

Reviewer ID: JP085

Reviewer's Comment for Publication.

This manuscript presents a single case study evaluating the effect of Mrudvika (Vitis vinifera Linn.) in the management of Malavibandha (constipation). The study is simple, clinically relevant, and based on Ayurvedic principles. The treatment was safe and showed improvement in stool consistency and pain during defecation. However, because it is a single case report, the findings cannot be generalized and require further clinical studies with larger sample sizes.

Strength:

1. The study focuses on a common health problem with a simple Ayurvedic treatment.
2. The treatment method is clearly described and easy to reproduce.
3. Standard assessment tools, including the Bristol Stool Form Scale, were used.
4. The treatment was safe, and no adverse effects were reported.
5. The manuscript is well organized and easy to understand.

Weakness:

1. The study includes only one patient, so the results cannot be generalized.
2. The treatment period was short (30 days).
3. There was no control or comparison group.
4. Improvement was observed only in stool consistency and pain, while bowel movement frequency did not improve.
5. Long-term follow-up was not performed to evaluate the sustained effect of treatment.

Overall assessment:

This manuscript presents a simple and useful case report on the Ayurvedic management of constipation using Mrudvika (Vitis vinifera Linn.). The findings are encouraging and support the need for larger clinical studies. With minor revisions in language and discussion of the study limitations, the manuscript is suitable for publication.

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Recommendation: Manuscript accepted for publication after minor revision.