

REVIEWER'S REPORT

Manuscript No.: IJAR-58545

Title: Emotional regulation difficulties according to addiction to the Internet 1 and socio-digital networks in university students

Recommendation:

Accept as it is
 Accept after minor revision.....
 Accept after major revisionyes...
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality			Y	
Techn. Quality			Y	
Clarity			Y	
Significance			Y	

Reviewer's ID: JPR-Dr.Shaweta Sachdeva

Detailed Reviewer's Report

Major Comments

1. The manuscript should clearly emphasize its research novelty and explain how it advances existing studies on internet addiction and emotional regulation among university students.
2. The literature review is comprehensive but largely descriptive. It should include a stronger critical analysis of previous studies, identify existing research gaps, and clearly justify the present investigation.
3. The theoretical framework should be better integrated with the research hypotheses. The relationships between internet addiction, socio-digital networks, and emotional regulation need a clearer conceptual explanation.
4. The use of non-probability voluntary sampling limits the generalizability of the findings. This limitation should be explicitly acknowledged and discussed.
5. Although reliability statistics are reported, additional evidence regarding construct validity and factor structure of the questionnaires in the current sample would strengthen the methodology.
6. The statistical analysis should be expanded by reporting effect sizes, confidence intervals, and diagnostic tests for regression assumptions in addition to p-values.
7. The discussion mainly restates the findings. It should provide deeper interpretation, compare results with recent international studies, and explain similarities or discrepancies.
8. The manuscript would benefit from discussing practical implications for universities, mental health professionals, educators, and policymakers regarding prevention of problematic internet use.
9. A dedicated limitations and future research section should be included, addressing issues such as cross-sectional design, self-reported data, sampling bias, and limited geographical coverage.
10. Ethical approval information should be presented more explicitly, including the approval committee, approval number (if applicable), and compliance with ethical guidelines.

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Minor Comments

1. The manuscript requires careful English language editing to improve grammar, sentence structure, and readability. Several sentences are lengthy and difficult to follow.
2. Some paragraphs in the introduction are excessively long and should be divided into shorter, focused sections.
3. Ensure consistent terminology throughout the manuscript by using either "social media," "social networks," or "socio-digital networks" consistently.
4. Tables should include clearer titles, explanatory notes, and appropriate statistical information to improve readability.
5. Report exact p-values wherever possible instead of only stating $p < 0.001$.
6. The conclusion should emphasize the practical significance of the findings rather than repeating the study results.
7. Several references should be checked for consistency with the journal's formatting style. Ensure that all DOIs, URLs, publication years, and citation formats are complete and standardized.
8. More recent references (2024–2026) from high-impact journals should be incorporated to strengthen the literature review.
9. Include a brief explanation of why the selected instruments are particularly appropriate for Mexican university students.
10. Proofread the manuscript carefully to remove minor typographical errors and formatting inconsistencies.

Overall Recommendation

The manuscript addresses an important issue concerning the relationship between **internet addiction, socio-digital network use, and emotional regulation among university students**. The study presents useful empirical findings based on a reasonably sized sample. However, improvements are needed in the areas of novelty, methodological justification, statistical reporting, discussion, and language quality. Therefore, I recommend **Major Revision** before the manuscript can be considered for publication.