

REVIEWER'S REPORT

Manuscript No.: IJAR-58506

Title: Stress During Clinical Postings in Anaesthesia and Operation Theatre Technology
Education: A Narrative Review.

Recommendation:

Accept as it is

Accept after minor revision...

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity	Excellent			
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

- Clinical postings are hands-on training rotations where medical and nursing students bridge theoretical knowledge with real-world patient care. They involve observing professionals, conducting physical examinations, and recording histories in hospital wards. These rotations are mandatory for building diagnostic skills, clinical reasoning, and professional bedside manner.**
- Anaesthesia and Operation Theatre Technology is a specialized allied healthcare field focused on surgical environment management. Professionals prepare and maintain operating rooms, set up critical medical equipment, assist surgeons and anaesthesiologists during procedures, and monitor patient vital signs throughout the perioperative period.**
- Allied health students are individuals training for non-nursing, non-physician healthcare roles like physical therapy, radiography, and medical assisting. If you are looking to enter the medical field, Georgia offers multiple specialized training programs, degree pathways, and hands-on clinical rotations to help you get certified.**

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- 4. Clinical education is a hands-on, work-based training model where healthcare and allied health students gain real-world experience under licensed supervision. It builds essential diagnostic, reasoning, and patient-care skills through a mix of clerkships, clinical rotations, and simulation labs.**
- 5. Coping strategies are intentional actions, thoughts, or behaviors used to manage stress, trauma, or uncomfortable emotions. The two primary approaches are problem-focused coping (tackling the root cause through planning or boundary setting) and emotion-focused coping (shifting your mood or perspective when situations cannot be changed).**
- 6. Clinical postings are a major source of stress due to heavy workloads, the theory-practice gap, and high expectations from clinical staff. To manage this, prioritize active problem-solving, establish a consistent pre-shift routine, and lean on peer support to build resilience.**
- 7. Coping strategies are the conscious thoughts and behaviors you use to manage internal and external stressful situations. Their purpose is to help you handle the pressures of daily life and protect your mental and emotional well-being.**
- 8. Clinical education is a hands-on, work-based training model that bridges the gap between classroom theory and real-world practice. It involves supervised experiential learning in settings like hospitals, clinics, and simulation labs, where developing healthcare professionals apply medical knowledge to actual patient care.**
- 9. Key words are good.**
- 10. Abstract and summary points are impressive.**
- 11. Result part can be shown clearly with tables and graphs.**
- 12. References should be with alphabetical order.**
- 13. After a small changes good to publish in your journal.**