

Manuscript No.: IJAR-58453

Title: AN APPRAISAL OF EVALUATION TECHNIQUES IN PHYSICAL AND HEALTH EDUCATION: IMPLICATIONS FOR TEACHING AND LEARNING OUTCOMES IN NIGERIAN UNIVERSITIES.

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality	✓			
Clarity	✓			
Significance	✓			

Reviewer Name: Dr.Mithilesh kumar shukla

Reviewer's Comment for Publication:

This study examined the appraisal of evaluation techniques in Physical and Health Education. This study appraised evaluation techniques in Physical and Health Education (PHE) and their impact on teaching and learning outcomes in Nigerian universities. Using a descriptive survey with 400 respondents (lecturers and students), it identified commonly used methods such as written exams, practical tests, observation, continuous assessment, and peer/self-assessment, while digital assessments were less utilized. Findings revealed significant positive relationships between evaluation techniques and both teaching effectiveness and student learning outcomes. Regression analysis showed evaluation methods predict 50% of learning outcome variance. The study concluded that diverse, effective evaluation practices enhance instructional quality and student competencies. It recommended greater adoption of technology-based assessments, improved lecturer training, and better assessment resources to strengthen PHE evaluation and promote meaningful learning experiences in Nigerian universities.

Recommendation: Accept after minor revision,

Detailed Reviewer's Report

STRENGTHS:

- 1- The study examines a wide range of evaluation techniques including written exams, practical tests, observation, continuous assessment, peer/self-assessment, and digital tools.
- 2- It is using Large and Representative Sample: It uses a robust sample of 400 respondents.
- 3- The questionnaire (ETTLOQ) was developed by the researcher and validated by experts,
- 4- The paper provides actionable recommendations for universities, such as promoting diverse assessment methods,
- 5- The study addresses modern evaluation approaches such as digital and technology-based assessments,
- 6- The study is guided by well-defined questions and hypotheses, providing a structured approach to inquiry.

WEAKNESSES:

- 1- Limited Use of Digital Assessment Tools: use only digital and technology-based evaluation methods.
- 2- The research focuses only on selected Nigerian universities, which may restrict the applicability of findings to other regions.
- 3- Lack of Qualitative Insights,it is using only quantitative methods.

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

s