

REVIEWER'S REPORT

Manuscript No.: IJAR- 58408

Title: Ayurvedic Management of Madhumeha (Type 2 Diabetes Mellitus): A Case Report.

Recommendation:

Accept as it is

Accept after minor revision...

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity	Excellent			
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

1. A fasting blood sugar (FBS) test measures the sugar in your blood after you have not eaten for at least eight hours. It is used to check for prediabetes and diabetes.
2. Type 2 diabetes mellitus is a chronic metabolic condition where the body's cells become resistant to insulin or the pancreas doesn't make enough of it. This causes sugar to build up in the bloodstream (hyperglycemia). It is the most common form of diabetes, making up over 90% of all cases globally.
3. Ayurvedic management balances the mind, body, and spirit using personalized diet, herbal medicine, and daily routines. It aims to prevent disease by removing toxins and restoring the body's natural energy.
4. Clinical findings are objective, measurable data gathered by healthcare providers during an examination, testing, or imaging. They include physical signs (e.g., elevated blood pressure), laboratory results (e.g., high white blood cell count), and imaging outcomes. This differs from subjective *symptoms*, which are feelings or experiences reported directly by the patient.

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5. An intervention is the intentional act of interfering in a process or difficult situation to alter its course, prevent harm, or provide improvement. The term spans several specialized contexts, from clinical and legal settings to economics and education.
6. In Ayurveda, Madhumeha (literally "sweet urine") is the condition corresponding to Diabetes Mellitus. It is a metabolic disorder characterized by the vitiation of *Doshas* leading to frequent urination, high blood sugar, and systemic complications if left unmanaged.
7. Clinical findings refer to objective evidence of a disease or medical condition discovered by a healthcare provider during an examination or testing. This encompasses observable physical signs (e.g., a rash), measurable vitals, and results from medical imaging or lab work.
8. Type 2 diabetes mellitus is a chronic condition where the body resists the effects of insulin or doesn't produce enough to maintain normal blood sugar levels. This causes glucose to build up in the bloodstream, leading to high blood sugar which, over time, can cause serious damage to blood vessels, nerves, and organs.
9. Key words are good but can be included more words.
10. Abstract is excellent
11. Result part is awesome with pictures.
12. Summary points only can included.
13. References should be with alphabetical order.
14. After a small changes good to publish in your journal.