

REVIEWER'S REPORT

Manuscript No.: IJAR-58334

Title: *Ayurvedic Management of Yakridaldyudara (Grade I-II Non-Alcoholic Fatty Liver Disease): A Case Report*

Recommendation:

- Accept as it is
 ✓ Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study:

- The case report addresses a clinically relevant and common metabolic liver disorder
- Clinical findings are supported with laboratory investigations and ultrasound reports
- Treatment protocol, diet, lifestyle advice, and follow up are clearly described
- Objective and subjective outcomes are presented systematically
- The discussion relates Ayurvedic principles with current clinical understanding
- No adverse effects were reported during treatment
- The manuscript has practical clinical value for future research

Weakness of the study:

- The report is based on a single patient, limiting generalizability
- Long term follow up is not available to confirm sustained improvement
- The discussion occasionally makes strong conclusions from limited evidence
- Ethical approval is not clearly mentioned
- Some grammatical and formatting errors require correction
- More comparison with existing case reports would strengthen the discussion
- Larger controlled clinical studies are needed to validate the findings

Reviewers Comments:

This manuscript presents an interesting case of Grade I-II non-alcoholic fatty liver disease managed with Ayurvedic treatment, dietary regulation, and yoga. The clinical presentation, treatment plan, laboratory findings, and follow up are presented in a logical manner, making the report easy to understand. The inclusion of objective biochemical parameters and ultrasound findings adds value to the case. Since this is a case report, patient consent has been documented appropriately; however, the authors should also clarify whether institutional ethical clearance was required or formally exempted according to their institutional policy. The manuscript would benefit from careful grammatical editing and improvement in formatting consistency. Some conclusions appear stronger than what can be supported by a single case, and these should be expressed more cautiously. The limitation of having only one patient and a short follow up should be emphasized further. Overall, the manuscript is informative and suitable for publication after minor revision.

Previously Published anywhere/Plagiarism check:

The manuscript appears to be an original case report and there is no obvious indication of prior publication based on the submitted version. No apparent duplication was observed during review. However, the journal should perform a standard plagiarism similarity check before publication to confirm originality and ensure compliance with publication ethics.