

REVIEWER'S REPORT

Manuscript No.: IJAR-58310

Title: AYURVEDIC MANAGEMENT OF ACNE IN IMMUNOCOMPROMISED PATIENT – A CASE STUDY.

Recommendation:

Accept as it is

Accept after minor revision...

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity	Excellent			
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

1. Acne is a chronic inflammatory skin disease that occurs when hair follicles and oil glands become clogged with dead skin cells and excess oil. It causes blemishes ranging from mild blackheads and whiteheads to painful cysts, typically appearing on the face, chest, back, and shoulders.
2. Mukhdushika, or Yauvanapidaka, is an Ayurvedic skin condition correlating to Acne Vulgaris. It primarily affects adolescents and is caused by the vitiation of Kapha, Vata, and Rakta. Symptoms include thorn-like eruptions, blackheads, papules, pain, and itching on the face.
3. In Ayurveda, Tiriyak Dhamani refers to the millions of obliquely or transversely spreading blood vessels and channels that branch out from the main sideward channels. They form a vital, complex network (described as *Gavaksita*, or full of windows) that distributes nutrients and sustains the body.
4. In Ayurveda, Kshudra Roga (minor diseases) refers to a group of 44 mild, non-life-threatening conditions often tied to cosmetic, dermatological, or minor surgical issues. Rooted in the Sanskrit

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word *Kshudra* (meaning small or negligible), these disorders typically stem from the vitiation of the body's three doshas (*Vata*, *Pitta*, *Kapha*) and localized blood (*Rakta*)

5. Being immunocompromised means having a weakened immune system, which reduces the body's ability to fight off infections, viruses, and diseases. This state makes individuals much more vulnerable to severe illnesses and complications from common germs.
6. Being immunocompromised means having a weakened immune system with a reduced ability to fight off infections and diseases. Because the body cannot properly identify or defend against foreign invaders like viruses and bacteria, even mild illnesses can escalate into severe health risks.
7. Hyperkeratinization is the excessive production and abnormal cohesion of dead skin cells (keratinocytes) inside hair follicles or on the skin surface. Instead of naturally shedding, these sticky cells bond together due to excess keratin, blocking hair follicles or clogging oil ducts.
8. Key words are good.
9. Research topic is medically very valued one.
10. Significant points with flow chart and pictures are impressive.
11. Sufficient information are given.
12. Result part can be made graphs for values.
13. Summary points also be added.
14. References are not sufficient can be included more with discussion points.
15. After those changes can be published in your journal.