

REVIEWER'S REPORT

Manuscript No.: IJAR-58264

Title: A Critical Review of Amavata and Its Ayurvedic Management

Recommendation:

- Accept as it is
 ✓ Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study:

- The review focuses on an important chronic musculoskeletal disorder
- Classical Ayurvedic concepts are explained in a systematic manner
- The manuscript integrates disease pathology, diagnosis, and treatment approaches
- Relevant Ayurvedic references are extensively cited
- Treatment principles are presented in a practical and understandable way
- Dietary recommendations add clinical relevance
- The manuscript is organized with clear section headings

Weakness of the study:

- The review lacks a clearly defined literature search methodology
- Critical analysis of published evidence is limited
- Recent clinical studies are insufficiently discussed
- Ethical statement regarding literature review is absent
- Several grammatical and typographical errors require correction
- Some sections contain repetitive explanations
- Reference formatting should be made more consistent

Reviewers Comments:

The manuscript presents a comprehensive overview of Amavata and its Ayurvedic management based on classical literature. The topic is clinically relevant, particularly because of the increasing interest in complementary approaches for chronic inflammatory disorders such as rheumatoid arthritis. The manuscript is logically organized and explains the concepts of pathogenesis, diagnosis, treatment, and dietary management in a simple manner. Since this is a review article, institutional ethical clearance is generally not required; however, the authors should clearly mention that the review was conducted using published literature. The manuscript would be strengthened by describing the literature search strategy and including a more critical discussion of recent clinical evidence supporting Ayurvedic interventions. Minor grammatical, typographical, and formatting corrections are also needed to improve readability. The limitations related to the reliance on classical literature and the limited availability of high-quality clinical trials should be discussed more clearly. Overall, the manuscript is informative and suitable for publication after minor revision.

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

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Previously Published anywhere/Plagiarism check:

The manuscript appears to be an original review based on published Ayurvedic and scientific literature. No obvious evidence of duplicate publication or copied material was identified during this review. However, the journal should perform a routine plagiarism similarity check before publication to confirm originality and ensure compliance with publication ethics.