



REVIEWER'S REPORT

Manuscript No.: IJAR- 58083

Title: Clinically Significant Improvements in Glycaemic and Cardiometabolic Parameters Following the Madhavbaug Comprehensive Diabetes Care Programme Combining Panchakarma Procedures with Structured Dietary Intervention in Type 2 Diabetes Mellitus: A Retrospective Cohort Study.

Recommendation:

- Accept as it is
- Accept after minor revision.....**
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity	Excellent			
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

- 1. Type 2 diabetes mellitus is a chronic condition where your body either resists the effects of insulin or doesn't produce enough insulin to maintain normal glucose levels. This results in high blood sugar, which, if left unmanaged, can lead to serious cardiovascular, nerve, and kidney complications.**
- 2. Comprehensive diabetes care goes beyond just blood sugar management; it involves holistic monitoring to prevent complications. Standard care requires routine HbA1c testing, annual dilated eye exams, kidney function screenings, and blood pressure maintenance. Personalized treatment plans are essential to address individual health behaviors and comorbidities.**
- 3. A combined intervention integrates multiple therapeutic strategies—most commonly physical exercise and cognitive training—to achieve better health outcomes than a single treatment alone. It is widely utilized to improve memory, executive function, and functional**

REVIEWER'S REPORT

independence, especially in aging adults and those experiencing cognitive decline.

- 4. Dietary restrictions are deliberate limitations on food intake due to medical conditions, allergies, religious beliefs, or ethical choices. Managing these diets requires clear communication and, in medical cases, strict avoidance of cross-contamination.**
- 5. Integrative medicine combines evidence-based conventional Western medicine with complementary therapies. It treats the "whole person"—addressing physical, emotional, and lifestyle factors—rather than just the illness. The goal is to uncover root causes and promote optimal, long-term healing.**
- 6. A compliance program is an organization's internal framework of policies, procedures, and controls designed to ensure adherence to laws, industry regulations, and ethical standards. It prevents, detects, and corrects misconduct while protecting the company's reputation and financial health.**
- 7. Key words are excellent**
- 8. Significant points are good with meaningful.**
- 9. Result and discussion parts are clear.**
- 10. But for results can be given graphs for values.**
- 11. Summary points also be added.**
- 12. References should be with alphabetical order.**
- 13. After those changes good to publish in your journal.**