

REVIEWER'S REPORT

Manuscript No.: IJAR-57627

Title: Ayurvedic Approach in the Management of Medo Vaha Sroto Dushti W.S.R to Hyperlipidemia: A Case Study

Recommendation:

- Accept as it is
- ✓ Accept after minor revision.....**
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study:

- The study addresses a common metabolic disorder using an Ayurvedic therapeutic approach
- Clinical findings and lipid profile changes are clearly presented with follow up observations
- Both subjective and objective assessment parameters were included in the evaluation
- The discussion correlates Ayurvedic concepts with modern clinical understanding appropriately
- Detailed treatment protocol and formulation preparation improve reproducibility of the case management approach

Weakness of the study:

- The study is limited to a single patient and lacks broader clinical evidence
- Ethical clearance approval is not clearly mentioned in the manuscript
- Several grammatical and formatting errors reduce the overall readability of the paper
- Statistical analysis is absent due to the case study design
- Long term follow up and comparison with standard conventional therapy are not adequately discussed

Reviewer's Comments:

The manuscript presents an Ayurvedic case study focused on the management of hyperlipidemia through Lekhaniya Basti and oral medication. The topic is clinically relevant because hyperlipidemia is increasingly common and associated with multiple metabolic complications. The authors have attempted to correlate Ayurvedic principles of Medo Vaha Sroto Dushti with modern understanding of dyslipidemia in a logical manner. The treatment protocol is described in detail, and both subjective symptoms and objective lipid profile parameters showed improvement during follow up. The inclusion of tables and assessment criteria improves clarity of presentation. However, the manuscript requires improvement in grammar, sentence construction, and formatting consistency. Ethical clearance approval is not clearly stated, although patient consent has been mentioned. Since this is a single case study, the findings cannot be generalized and should be interpreted cautiously. The absence of long term follow up and comparative analysis with standard treatment is another limitation. Overall, the study is informative and demonstrates potential clinical relevance, but moderate revision is needed before publication.