

REVIEWER'S REPORT

Manuscript No.: IJAR-57575

Title: Integrated Management of Polyarthralgia with Metabolic Risk Factors, Hyperuricemia, and Gastrointestinal Complaints in an Elderly Male: A Case Report

Recommendation:

- Accept as it is
- ✓ Accept after minor revision.....
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study

- The manuscript addresses an important geriatric clinical problem with a holistic management approach
- Laboratory findings and follow up details are clearly presented
- Integration of metabolic, musculoskeletal, and gastrointestinal aspects adds clinical relevance
- The discussion is supported with recent references and scientific explanations
- Improvement in symptoms and laboratory parameters is described systematically
- The case presentation is organized and easy to follow

Weakness of the study

- The study is limited to a single case report with short follow up duration
- Ethical clearance and patient consent for publication are not clearly mentioned
- Objective pain scoring and standardized assessment tools were not used
- Some grammatical and formatting inconsistencies are present throughout the manuscript
- The herbal formulations lack detailed standardization and safety information
- Comparative discussion with conventional treatment is limited

Reviewers Comments

The manuscript presents a clinically relevant case report describing integrative management of polyarthralgia associated with metabolic and gastrointestinal disturbances in an elderly patient. The authors have appropriately highlighted the multifactorial nature of musculoskeletal complaints in geriatric individuals and attempted a holistic therapeutic approach. The case presentation is systematic, and laboratory investigations before and after treatment provide supportive clinical evidence for symptomatic improvement. The discussion section is detailed and supported with recent literature explaining the possible pharmacological actions of the herbal formulations used in the study. Improvement in serum uric acid, HbA1c, gastrointestinal symptoms, and joint discomfort adds practical value to the report. However, the manuscript would benefit from clearer mention of ethical clearance and written informed patient consent. The study is limited by the absence of standardized pain assessment scales, short follow up duration, and lack of comparative evidence. Minor grammatical and formatting corrections are also required to improve readability and scientific presentation. Overall, the manuscript is informative and suitable for publication after necessary revisions.

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