

42 through symptomatic improvement and serial photographic documentation over a
43 treatment period of four weeks. The study seeks to contribute preliminary clinical
44 evidence regarding the potential role of homoeopathic intervention in the management
45 of chronic dermatitis.

46 **A HOMOEOPATHICALLY CURED CASE OF CHRONIC DERMATITIS**

47 **PRESENTING COMPLAINTS**

48 DATE 11/10/2025

49 A fourteen years old male came with the complaint of gradual onset of cracks in right
50 palm and right soles and heel, associated with intense itching, burning and bleeding on
51 scratching for 2 years. The symptoms are aggravated in the early morning, by getting
52 wet, and by scratching. Patient took some native treatment for presenting complaint
53 and got relieved and reappeared as large cracks. Patient came for homoeopathic
54 treatment for presenting complaint.

55 **PHYSICAL GENERALS**

- 56 • Appetite: Eats 3 times per day. No nausea and vomiting.
- 57 • Thirst: Drinks 2-2 1/2 litres per day. Dryness of mouth present.
- 58 • Desires: Non veg, lemon.
- 59 • Urine: Passes 6 times per day. No burning.
- 60 • Stool: Regular bowel habits. Passes 1 time per day. No straining.
- 61 • Sweat: Present only on exertion.
- 62 • Sleep: Refreshed

63 **MENTAL GENERALS**

- 64 • Likes to play video games
- 65 • Jovial in nature

66 **EXAMINATION OF SKIN**

- 67 • Cracks in right palm and right soles and heel
- 68 • Tenderness present

69 **VITAL SIGNS**

- 70 • Pulse: 82/min
- 71 • Weight: 51.6 kg
- 72 • Height: 165 cm
- 73 • Temperature: 98.6 F
- 74 • Respiratory Rate: 20/min

75 **TOTALITY OF SYMPTOMS**

- 76 • Likes to play video games
- 77 • Jovial in nature
- 78 • Desires nonveg and lemon

- 79 • Dryness of mouth present
 80 • Cracks on right palm, right sole and heal
 81 • Intense itching, burning and bleeding on scratching
 82 • The symptoms were aggravated in the early morning, by getting wet, and by
 83 scratching.

84 **PRESCRIPTION**

85 RX

86 Arsenicum album 0/3 1 dose - orally morning before food

87 Sac Lac 6 doses - orally morning before food

88 X 7 Days

89 **FOLLOW UPS**

S.NO	DATE	PROGNOSIS	PRESCRIPTION
1	18.10.2025	[1] Cracks on right palm, right sole and heal - Reduced 25% [2] Itching and burning - Slightly reduced [3] No bleeding on scratching [4] The symptoms were aggravated in the early morning, by getting wet, and by scratching [5] Physical generals are normal [6] No new complaints [7] Vitals normal	Arsenicum album 0/3 1 dose - orally morning before food. Sac Lac 6 doses - orally morning before food. X 7 Days
2	25.10.2025	[1] Cracks on right palm, right sole and heal - Reduced 50% [2] Itching - Reduced 50% [3] Burning completely reduced N/C: [4] White watery discharge present on scratching Physical generals: [5] Disturbed sleep due to presenting complaints [6] Vitals normal	Arsenicum album 0/3 1 dose - orally morning before food. Sac Lac 6 doses - orally morning before food. X 7 Days
3	29.10.2025	[1] Cracks on right palm, right sole and heal - Reduced 70% [2] Itching - Reduced 70% [3] Burning completely reduced N/C: [4] White watery discharge present on scratching-	Arsenicum album 0/3 1 dose - orally morning before food. Sac Lac 6 doses - orally morning before food. X 7 Days

		<p>Reduced 90%</p> <p>Physical generals: [5] Physical generals are normal [6] No new complaints [7] Vitals normal</p>	
4	05.11.2025	[1] Cracks on right palm, right sole and heal - Completely reduced [2] No Itching [3] No Burning [4] No abnormal discharge [5] Physical generals are normal [6] No new complaints [7] Vitals normal	Sac Lac 7 doses - orally morning before food.

90

91 **BEFORE AND AFTER IMAGES OF RIGHT PALM, RIGHT SOLE AND HEEL**

BEFORE (11.10.2025)	AFTER (05.11.2025)
	
	



92

93 Here the case discussion of chronic dermatitis, according to Dr Hahnemann said in an
94 aphorism of 6th Edition of Organon of Medicine, 2nd aphorism states that the highest
95 ideal of cure is rapid, gentle and permanent restoration of the health, or removal and
96 annihilation of the disease in its whole extent, in the shortest, most reliable, and most
97 harmless way, on easily comprehensible principles, with the help of Law of Similia we
98 treated the case in the shortest, most reliable, and most harmless way, on easily
99 comprehensible principles.

100 **DISCUSSIONS**

101 The present case series demonstrated noticeable clinical improvement in patients
102 suffering from chronic dermatitis following treatment with Arsenicum Album 0/3.
103 Reduction in itching, erythema, scaling, dryness, and extent of lesions was observed
104 within four weeks of treatment, along with improvement in sleep and general well-
105 being. Before-and-after photographic evidence further supported the visible healing of
106 skin lesions and reduction in inflammatory changes.

107 The remedy selection was based on individualized homoeopathic assessment,
108 particularly symptoms such as burning sensation, intense itching, dry scaly eruptions,
109 and aggravation during night or cold exposure, which closely correspond to the
110 therapeutic profile of Arsenicum Album. The positive response observed in these cases
111 suggests that the medicine may have a beneficial role in managing chronic inflammatory
112 skin conditions.

113 Conventional management of chronic dermatitis often requires prolonged use of topical
114 or systemic medications and is associated with frequent relapses. In contrast, the
115 patients in this series showed improvement with only four doses of Arsenicum Album
116 0/3 and without reported adverse effects during follow-up. Although the findings are
117 encouraging, the limitations of this study include small sample size, absence of a control
118 group, and short follow-up duration. Therefore, larger controlled clinical studies are
119 necessary to further evaluate the efficacy and therapeutic potential of Arsenicum Album
120 in chronic dermatitis.

121 **CONCLUSIONS**

122 This case report demonstrates that chronic dermatitis was effectively managed within a
123 short duration of one month using a single homeopathic remedy, Arsenicum Album 0/3.
124 The patient showed significant improvement in key symptoms, including itching,
125 burning, and discharge along with overall skin recovery and improved quality of life. The
126 rapid response to a single, well-selected remedy underscores the importance of
127 individualized treatment in homeopathy. However, as this is based on a single case,
128 further studies with larger populations and controlled methodologies are required to
129 substantiate these findings and confirm the broader clinical applicability of this
130 approach.

131 **REFERENCES**

- 132 [1] Organon of medicine, 6th edition by Samuel Hahnemann translated by
133 william Boericke.
- 134 [2] Davidson's principles & practice of medicine. 23rd International edition.
- 135 [3] Pocket manual of homoeopathic materia medica & repertory by William Boericke.