

REVIEWER'S REPORT

Manuscript No.: IJAR-57472

Title: Ayurvedic Management of Vicharchika (Eczema): A Single Case Study

Recommendation:

Accept as it is

✓ **Accept after minor revision.....**

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study

- Addresses a chronic dermatological condition with long standing symptoms and poor response to conventional treatment
- Detailed Ayurvedic assessment and treatment protocol improves clinical understanding
- Use of both Shodhana and Shamana therapy reflects classical Ayurvedic principles
- Clinical photographs on pages 6 and 7 clearly demonstrate visible improvement
- Tables presenting treatment phases and outcomes are systematic and informative
- Patient consent for publication is properly documented

Weakness of the study

- Single case design limits generalization of findings
- Short follow up period of only 14 days after treatment
- Ethical clearance from institutional committee is not clearly mentioned
- Lack of objective dermatological scoring tools or laboratory markers
- Discussion section is lengthy and repetitive in some portions
- Minor grammatical and formatting inconsistencies present throughout manuscript
- No comparison with similar published clinical case studies included

Reviewers Comments

The manuscript presents a clinically relevant case of chronic eczema managed through Ayurvedic interventions using both Shodhana and ShamanaChikitsa. The clinical details, Ayurvedic assessment, and treatment procedures are described systematically. The treatment tables on pages 4 and 5 are clear and improve readability, while the clinical photographs on pages 6 and 7 provide visible evidence of improvement after therapy. The discussion effectively correlates Ayurvedic concepts with modern understanding of eczema and explains the rationale behind the selected interventions. Written informed consent for publication has been appropriately mentioned, which is commendable. However, ethical clearance from an institutional ethics committee is not clearly stated and should be included. The study is limited by its single case design, short follow up duration, and absence of objective scoring systems for eczema severity. The writing is generally understandable but requires minor grammatical correction and reduction of repetitive discussion content. Overall, the manuscript is informative and clinically useful but requires minor revision before publication.