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REVIEWER'S REPORT

Manuscript No.: IJAR-57462

Title: Ayurvedic Management of Plantar Keratoderma (Vipadika Kushtha): A Case Report

Recommendation:

- Accept as it is
- ✓ Accept after minor revision.....**
- Accept after major revision
- Do not accept (*Reasons below*)

| Rating | Excel. | Good | Fair | Poor |
|----------------|--------|------|------|------|
| Originality | | ✓ | | |
| Techn. Quality | | ✓ | | |
| Clarity | | | ✓ | |
| Significance | | ✓ | | |

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study

- Focuses on a difficult chronic dermatological condition resistant to conventional treatment
- Detailed clinical history and chronological symptom timeline improve understanding
- Multimodal Ayurvedic treatment approach is clearly explained
- Before and after clinical images on page 6 support treatment outcome
- Follow up assessment table demonstrates progressive clinical improvement
- Good integration of Ayurvedic concepts with modern clinical interpretation

Weakness of the study

- Single case report limits generalizability of findings
- No histopathological confirmation or dermatological scoring system used
- Ethical clearance and patient consent are not clearly mentioned
- Lack of long term follow up after treatment completion
- Discussion section is lengthy and repetitive in some areas
- Minor grammatical and formatting inconsistencies throughout manuscript
- No comparison with similar published case reports included

Reviewers Comments

The manuscript presents an interesting case of plantar keratoderma managed successfully through Ayurvedic treatment after failure of conventional therapies. The clinical presentation, timeline of symptom progression, and treatment protocol are described clearly. The intervention schedule on page 4 and the before and after treatment images on page 6 provide good support for the reported improvement. The discussion effectively explains the rationale behind the selected Ayurvedic therapies and relates them to the disease pathology. However, ethical clearance and patient consent for publication of clinical photographs are not clearly mentioned and should be included. The study is limited by its single case design and absence of objective dermatological assessment methods or long term follow up. The writing is understandable overall but requires minor grammatical correction and reduction of repetitive explanation in the discussion section. Overall, the report is informative and clinically relevant, but some revisions are needed to improve scientific presentation and reporting quality.