



ISSN NO. 2320-5407

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

# International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

## REVIEWER'S REPORT

Manuscript No.: IJAR-57408

Title: Human Decision Maker Mind Affects Health, Longevity, Happiness, Success & Failure.

### Recommendation:

Accept as it is .....

Accept after minor revision...

Accept after major revision .....

Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity		Good		
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

### *Detailed Reviewer's Report*

- Human decision-making involves evaluating options based on utility, values, and context, often blended with AI for speed and accuracy. While AI automates routines and provides data-driven insights, humans retain critical roles in complex, high-stakes decisions by providing ethical judgment, context-aware reasoning, and accountability.**
- The human mind significantly affects health through the decision-making process, where mental states like stress, anxiety, and depression—or accumulated "decision fatigue"—imply a shift toward impulsive, reckless, or avoidant choices. A fatigued brain struggles with self-control, leading to poor health choices, such as neglecting nutrition or exercise, and increased cognitive strain.**
- Human decision-making significantly affects longevity through daily choices regarding health, finances, and lifestyle, which are influenced by aging, cognition, and emotional regulation. While cognitive abilities like working memory may decline, emotional stability and experience-based decision-making often improve, allowing older adults to maintain high-quality decisions. Conscientiousness is a key**

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factor, as responsible behaviors cultivated over a lifetime—or even developed later—can lead to lower risks and longer life.

4. Human decision-making significantly affects happiness, as choices serve as proof of personal agency and resilience, fostering confidence and long-term satisfaction. Active decision-making lowers stress compared to indecision, while opting for "good enough" (satisficing) rather than perfect choices boosts happiness and reduces regret.
5. The human mind is the primary driver of success and failure, functioning through a complex blend of psychological processes, emotional undercurrents, and cognitive biases. Decisions, ranging from daily routines to career moves, are shaped by how the brain processes information, reacts to uncertainty, and balances emotion with logic.
6. Key words must be given.
7. Significant points are given awesome. But should show with result and discussion with summary points.
8. References should be with alphabetical order.
9. Pictures are given excellent!
10. After those changes good top publish in your journal.