

REVIEWER'S REPORT

Manuscript No.: IJAR-57316

Title: Conceptual Study of Mind and Behaviour in Charak Samhita: An Interpretive Analysis

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality			√	
Clarity		√		
Significance		√		

Reviewer's ID: JPR- 212

Detailed Reviewer's Report

The manuscript presents a conceptual exploration of psychological constructs embedded in the *Charaka Samhita*, with particular emphasis on the notions of mind (*Manas*), behavioural tendencies, and the *Triguna* framework (*Sattva*, *Rajas*, *Tamas*). The author attempts to position these classical Ayurvedic concepts within the broader discourse of modern psychology, suggesting their relevance for understanding personality, cognition, and mental well-being.

While the topic is intellectually promising and aligns with the growing interest in indigenous knowledge systems, the manuscript in its current form remains largely descriptive and lacks the analytical depth and methodological clarity expected in high-impact scholarly publications.

2. Overall Recommendation

Decision: Major Revision Required

The manuscript demonstrates conceptual potential; however, substantial revisions are necessary to meet the standards of a Scopus/WoS-indexed journal, particularly in terms of theoretical positioning, methodological transparency, and analytical rigour.

3. Novelty and Contribution to the Field

The attempt to reinterpret Ayurvedic psychological constructs through a contemporary lens is noteworthy and relevant. Integrating traditional epistemologies with modern psychological frameworks is an emerging area of interdisciplinary scholarship.

However, the manuscript does not sufficiently articulate:

- The **specific research gap** it addresses
- Its **distinct theoretical or conceptual contribution**
- How it advances existing scholarship beyond descriptive synthesis

To enhance its contribution, the author must clearly position the study within:

- Current debates in **cross-cultural psychology**
- Indigenous models of mind and behaviour
- Comparative frameworks between Eastern and Western psychological traditions

4. Theoretical Framework

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The manuscript implicitly draws on Ayurvedic philosophy but lacks an explicit and coherent **theoretical framework**. Concepts such as *Triguna* and *Manasika Prakriti* are introduced, yet their analytical use remains underdeveloped.

For a high-impact journal, the study should:

- Clearly define its **conceptual model**
- Establish **theoretical linkages** with recognised psychological frameworks (e.g., personality theory, cognitive theory)
- Demonstrate how Ayurvedic constructs can function as **analytical categories**, not merely descriptive elements

5. Literature Review

The literature review is limited in scope and predominantly relies on classical Ayurvedic texts. While these are essential, the absence of engagement with **recent empirical and theoretical studies** significantly weakens the manuscript.

Key concerns:

- Lack of **peer-reviewed contemporary sources**
- Absence of **critical synthesis**
- No identification of **research gaps**

The author is strongly encouraged to incorporate:

- Recent studies in **indigenous psychology**
- Research on **traditional medicine and mental health**
- Comparative analyses of **Eastern and Western psychological models**

6. Methodology

The manuscript does not provide a clearly articulated methodology, which is a critical limitation.

Although the study appears to adopt a **conceptual and interpretive approach**, it fails to specify:

- The **research design**
- The **method of textual analysis or interpretation**
- Criteria for **selection and analysis of sources**

For publication in a high-impact journal, the author must:

- Explicitly define the study as **conceptual, hermeneutic, or interpretive**
- Describe the **analytical procedure**
- Justify the **methodological approach**

7. Analysis and Discussion

The discussion of key Ayurvedic constructs is informative but remains largely **descriptive and expository**. The manuscript does not sufficiently engage in:

- **Critical interpretation**
- **Comparative analysis**
- **Theoretical integration**

Furthermore:

- Links to modern psychological constructs are **suggested but not rigorously developed**
- There is a lack of **conceptual depth and argumentation**

To strengthen this section, the author should:

- Move beyond description to **analytical engagement**
- Provide **clear conceptual mappings** between Ayurvedic and modern constructs
- Support arguments with **scholarly evidence**

8. Findings and Implications

The manuscript does not present clearly defined findings. Instead, it offers general observations regarding the relevance of Ayurvedic psychology.

For a stronger scholarly contribution:

- Findings should be **clearly articulated and structured**
- The study should outline **theoretical implications**

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- Practical implications for **mental health, education, or behavioural studies** should be discussed

9. Conclusion

The conclusion reiterates the importance of traditional knowledge systems but lacks:

- **Specific conclusions derived from analysis**
- **Critical reflection**
- **Directions for future research**

A stronger conclusion should:

- Summarise key insights
- Highlight the study's **unique contribution**
- Suggest **avenues for further research**

10. Language, Structure, and Presentation

The manuscript is generally understandable but requires substantial refinement to meet international publication standards.

Issues include:

- Grammatical inconsistencies
- Redundant phrasing
- Lack of coherence in some sections

The author should:

- Use **clear and concise British English**
- Improve **academic tone and flow**
- Ensure **logical organisation of sections**

11. References and Citation Style

The manuscript demonstrates familiarity with classical sources but lacks engagement with:

- **Recent peer-reviewed literature**
- **Indexed journal articles**

Additionally:

- Citation style appears inconsistent
- Referencing format should align with the target journal guidelines

12. Strengths

- Relevant and timely topic
- Interdisciplinary orientation
- Strong grounding in classical Ayurvedic concepts
- Potential to contribute to indigenous psychology discourse

13. Major Limitations

- Absence of a clearly defined methodology
- Weak theoretical positioning
- Limited engagement with contemporary literature
- Predominantly descriptive analysis
- Lack of clearly articulated findings

14. Specific Recommendations for Revision

1. Clearly state **research objectives and questions**
2. Develop a robust **theoretical framework**
3. Expand the **literature review with recent studies**
4. Explicitly define and justify the **methodology**
5. Strengthen **analytical depth and critical discussion**

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6. Clearly present **findings and implications**
7. Revise the manuscript for **language and coherence**
8. Ensure **consistent referencing style**

15. Final Editorial Decision

Major Revision Required

The manuscript has clear potential but requires substantial reworking to meet the expectations of a high-impact, peer-reviewed journal. With significant improvements in conceptual clarity, methodological rigour, and analytical depth, the study could make a meaningful contribution to the field