



ISSN NO. 2320-5407

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

REVIEWER'S REPORT

Manuscript No.: IJAR-57243

Title: **Glucocorticoid Tapering: Pitfalls to Avoid and Shared.**

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality		Good		
Clarity		Good		
Significance	Excellent			

Reviewer's ID: Dr. Sumathi

Detailed Reviewer's Report

- 1. Glucocorticoid tapering is the gradual reduction of steroid medication dosages (e.g., prednisone) over weeks or months to allow the adrenal glands to resume natural cortisol production. It is crucial for preventing acute adrenal insufficiency (a life-threatening crisis) and disease relapse, which can occur if the medication is stopped too quickly.**
- 2. Glucocorticoids are a class of steroid hormones and potent anti-inflammatory medications that suppress the immune system and regulate metabolism. Naturally produced by the adrenal glands (as cortisol) to manage stress, synthetic versions are used to treat conditions like asthma, allergies, autoimmune diseases, and arthritis.**
- 3. A pitfall is a hidden, unexpected, or easily overlooked danger, difficulty, or error that one might fall into. It can literally mean a covered hole designed as a trap, but it is commonly used to describe hidden problems or mistakes, such as in projects, decisions, or new situations.**

REVIEWER'S REPORT

- 4. A pitfall is an unexpected danger, hidden difficulty, or a potential trap, often used to describe problems in planning or decision-making. Common examples include, "One major pitfall to avoid is forgetting to really think through your, or "She was far too subtle and wary to stumble into such a pitfall as that," or "He took financial advice on how to avoid the pitfalls of setting up your own business".**
- 5. To avoid pitfalls when sharing information or collaborating, avoid oversharing personal data, using unencrypted channels, or pushing viewpoints too forcefully, which creates resistance. Crucial strategies include verifying recipient identity, using password protection for documents, actively drawing out quiet participants, and ensuring all team members contribute to avoid cognitive loafing.**
- 6. To protect your security, reputation, and mental peace, do not share sensitive personal information (passwords, banking details, home address), deep insecurities, future plans, income details, or confidential family/relationship issues. Avoid sharing personal, financial, or intimate health details online or with strangers to prevent risks like identity theft and to avoid judgment or toxic gossip.**
- 7. Key words must be given.**
- 8. Significant points are given but not sufficient.**
- 9. Result and discussion part should be focused.**
- 10. Summary points can be included.**
- 11. References are not sufficient should be added with discussion points.**
- 12. Alignments must be needed.**
- 13. After those changes good to publish in your journal.**