



ISSN NO. 2320-5407

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

# International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

## REVIEWER'S REPORT

Manuscript No.: IJAR-57013

**Title: A STUDY TO ASSESS INSOMNIA, PSYCHOLOGICAL DISTRESS, AND COPING STRATEGIES AMONG POSTOPERATIVE GASTROINTESTINAL CANCER PATIENTS IN A SELECTED HOSPITAL, KOLKATA**

### Recommendation:

Accept as it is .....

Accept after minor revision.....Y.....

Accept after major revision .....

Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		Y		
Techn. Quality		Y		
Clarity			Y	
Significance		Y		

Reviewer's ID: JPR- 077

### Detailed Reviewer's Report

The title is clear, specific, and informative. It accurately reflects the focus on insomnia, psychological distress, and coping among postoperative gastrointestinal cancer patients

The abstract provides a good summary of background, methods, results, and conclusion. Key points such as prevalence of insomnia, psychological distress, and coping strategies are presented clearly. However, some sentences are long and could be simplified for readability.

The introduction gives a solid background on gastrointestinal cancers and their prevalence in India. It references recent studies which add credibility.

Integrate statistics more briefly explain why postoperative patients are the focus.

### Materials and Methods

The design (descriptive cross-sectional), sample size, inclusion/exclusion criteria, and tools used (Regensburg Insomnia Scale, K10, coping strategies questionnaire) are clearly described. This section is detailed and reproducible. Consider adding justification for sample size selection and a brief note on ethical approval if obtained.

## **REVIEWER'S REPORT**

The results are detailed and well organized with percentages and charts. Prevalences are clearly presented. Tables/graphs enhance clarity.

The discussion compares the study findings with existing literature and highlights similarities and differences. This strengthens the study's credibility. Could briefly discuss possible reasons for no significant association between insomnia, psychological distress, and coping strategies.

The conclusion summarizes the findings accurately and succinctly. It aligns well with objectives.

Add a short statement on implications for patient care or nursing practice to make it more actionable.

References are relevant and mostly recent. The formatting is generally consistent.