

Manuscript No.: IJAR-57013

**Title: A STUDY TO ASSESS INSOMNIA, PSYCHOLOGICAL DISTRESS, AND COPING STRATEGIES AMONG POSTOPERATIVE GASTROINTESTINAL CANCER PATIENTS IN A SELECTED HOSPITAL, KOLKATA.**

**Recommendation:**

- Accept as it is .....
- Accept after minor revision.....**
- Accept after major revision .....
- Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity	✓			
Significance	✓			

**Reviewer Name: Dr. Mithilesh kumar shukla**

**Reviewer's Comment for Publication:**

The study specifically targets postoperative gastrointestinal cancer patients, a clearly defined and relevant patient group for assessing insomnia, psychological distress, and coping strategies. The discussion links the findings to other recent studies, supporting the validity and relevance of the results within the broader research context. Semi-Structured Questionnaire on Socio-Demographic Characteristics of Postoperative Gastrointestinal Cancer Patients -It is developed to collect the background information of postoperative Gastrointestinal cancer patients based on some of the demographic characteristics of the patient. obtaining permission refers to the formal process of seeking and receiving authorization from the original authors or copyright holders to use standardized tools or instruments for research purposes. Specifically, the study mentions that permission was obtained to use the Regensburg Insomnia Rating Scale.

**Recommendation:** Accept after minor revision, 1-give abstract within 300 word, with key word. Background, Methods, Results, etc matter give as meta data.

***Detailed Reviewer's Report***

**STRENGTHS:**

- 1- Cancer refers to a large group of diseases that can start in any organ or tissue of the body when abnormal cells grow uncontrollably.
- 2- The tools were used to procure data- Semi-Structured Questionnaire on Socio-Demographic Characteristics of Postoperative Gastrointestinal Cancer Patients.
- 3- The study employs standardized, validated instruments such as the Regensburg Insomnia Scale.
- 4- It is providing a holistic view of postoperative patient well-being.
- 5- A standardized, structured tool, "Regensburg Insomnia Scale," was used to assess insomnia.
- 6- Given the high incidence and impact of gastrointestinal cancers, especially in India, the study addresses a significant and current health challenge.
- 7- The majority of 56 (70%) of patients had no family history of cancer and 24(30%) of patients had a family history of cancer.

**WEAKNESSES:**

- 1- After references no any others noting . only about Authors details are allow,
- 2- Lack of Significant Association Analysis.

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- 3- lacks mention of prior validation or reliability testing, which may affect the accuracy and credibility of the coping assessment.

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