



REVIEWER'S REPORT

Manuscript No.: IJAR-56981

Title: Mobile-Based Telerehabilitation During the First Six Weeks Following ACL Reconstruction: A Case Series of Six Patients

Recommendation:

- Accept as it is
- ✓ Accept after minor revision.....
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Detailed Reviewer's Report

Strength of the study

- Addresses a practical clinical problem of delayed rehabilitation access
- Innovative use of mobile-based follow up for patient management
- Clear description of intervention protocol
- Inclusion of objective measures like ultrasound assessment
- Functional outcomes are well described
- Table on page 5 provides clear clinical data for all patients
- Good use of images to support methodology and intervention steps
- Strong linkage with existing literature

Weakness of the study

- Small sample size of only six patients
- All participants are male which limits applicability
- No control group for comparison
- Short follow up period of only six weeks
- No statistical analysis performed
- Ethical clearance and consent not clearly mentioned
- Some repetition in discussion section
- Long manuscript with some unnecessary elaboration

Reviewers Comments

The manuscript presents a relevant and timely topic, especially considering the increasing use of tele-rehabilitation in clinical practice. The study design is simple and the intervention is clearly explained, with good support from images such as ultrasound assessment and exercise monitoring shown across pages 5 to 9. However, ethical clearance and patient consent are not clearly mentioned and should be included as per standard guidelines. The language is generally good and readable, though some sections are lengthy and could be made more concise. The methodology is well described but lacks a control group, which limits the strength of conclusions. The authors have appropriately mentioned limitations, but these should be emphasized more clearly in the discussion. The findings are promising but should be interpreted cautiously due to the small sample size and short follow up. Overall, the study is interesting and has practical value, but requires some refinement in reporting and clarity.

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com
