

Manuscript No.: IJAR-56733

Title: Mainstreaming Mental Health in Teacher Education: Policy Perspectives and Pedagogical Innovations

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity	✓			
Significance	✓			

Reviewer Name: Dr. Mithilesh kumar shukla

Reviewer's Comment for Publication:

The rising incidence of anxiety, depression, academic stress, and socio-emotional problems among students has led to an increased focus on mental health as an essential area of concern for education today. A teacher training program is a structured educational curriculum designed to prepare individuals to become effective educators. Mental health in educational settings goes beyond the lack of mental disorders. It includes emotional regulation, strength, social connectedness, and psychological safety. the paper a valuable resource for educators, policymakers, and researchers aiming to improve mental health support through teacher education. It uses well-established theories such as Social-Emotional Learning (SEL), Trauma-Informed Educational Theory, Ecological Systems Theory, and Reflective Practice Theory to support its analysis. Interdisciplinary research refers to an approach that integrates knowledge, methods, and perspectives from different academic disciplines to address complex issues in a holistic and comprehensive manner.

Recommendation: Accept after minor revision,

Detailed Reviewer's Report

STRENGTHS:

- 1- Teacher education institutions form an essential foundation for providing pre-service teachers with essential knowledge,
- 2- The paper addresses the critical and contemporary issue of mental health integration in teacher education
- 3- Teacher training is one area that holds immense potential as a point of intervention.
- 4- It reviews a wide range of interdisciplinary research from recent years (2015-2025),
- 5- It highlights gaps in policy implementation, particularly in teacher education reform.
- 6- It effectively summarizes the urgency of mental health integration in teacher education,
- 7- The shift to digital education also calls for addressing online well-being.

WEAKNESSES:

- 1- The paper tends to generalize without deeply exploring how cultural, economic, and regional differences.
- 2- The practical strategies or models for overcoming barriers.
- 3- limiting direct applicability for frontline teacher educators and pre-service teachers.

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