



### REVIEWER'S REPORT

**Manuscript No.:** IJAR-56452

**Title:** Virtual Connections, Real Consequences: Social Media's Role in Student's Mental Health.

**Recommendation:**

- Accept as it is .....
- Accept after minor revision.....**
- Accept after major revision .....
- Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality			✓	
Clarity		✓		
Significance		✓		

**Reviewer Name:** Abdul Hameed Shah

### Reviewer's Comment for Publication.

The manuscript addresses an important and timely topic by examining the relationship between social media use and students' mental health. The study highlights both the positive and negative aspects of social media engagement and provides a balanced discussion of how digital environments influence students' psychological well-being. The topic is relevant to contemporary educational and psychological research, particularly considering the widespread use of social media among young people.

The manuscript demonstrates a clear understanding of the dual role of social media as both a supportive platform and a potential source of psychological stress. The discussion of issues such as social comparison, cyberbullying, fear of missing out (FOMO), and digital dependency is appropriate and relevant. Additionally, the emphasis on the role of educators, parents, and institutions in promoting digital well-being adds practical value to the study.

However, several aspects of the manuscript require improvement before publication. First, the manuscript lacks a clearly defined **methodology section** describing how the information was collected or analyzed. The chapter appears largely descriptive and conceptual, and the authors should clarify whether the study is based on a literature review, theoretical analysis, or empirical research. Second, some statistical claims and reports mentioned in the manuscript require **proper citations and references**. Third, there are **several grammatical and formatting issues** throughout the text that should be corrected to improve readability and academic quality.

Additionally, the manuscript includes **image links and chart references without proper explanation or citation**, which should be revised or formatted according to the journal's guidelines. The authors should also consider adding a **reference list** and ensuring that all cited studies (e.g., CDC, Pew Research Center, APA reports) are properly documented.

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Overall, the manuscript addresses a relevant issue and provides useful insights into the impact of social media on student mental health. With minor revisions related to structure, clarity, citations, and methodological explanation, the manuscript could make a valuable contribution to discussions on digital well-being and student development.