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REVIEWER'S REPORT

Manuscript No.: IJAR-56364

Title: Troubles anxieux chez les adolescents : manifestations somatiques et facteurs de risque dans une cohorte marocaine.

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality		Good		
Clarity	Excellent			
Significance	Excellent			

Detailed Reviewer's Report

- 1. Anxiety disorders are common, treatable mental health conditions characterized by persistent, excessive fear or worry that interferes with daily life, functioning, and relationships. Symptoms include intense, disproportionate, and uncontrollable apprehension, often accompanied by physical symptoms like racing heart, sweating, fatigue, and panic attacks. Common types include Generalized Anxiety Disorder (GAD), Social Anxiety Disorder, Panic Disorder, and various phobias. Treatment often involves psychotherapy (e.g., Cognitive Behavioral Therapy), medication, and stress management.**
- 2. Adolescence is the critical developmental, physical, and emotional transition from childhood to adulthood, generally defined by the World Health Organization as occurring between the ages of 10 and 19. This period involves rapid physical growth (puberty), cognitive maturation, and the exploration of independence.**
- 3. Somatic manifestations are physical symptoms—such as pain, fatigue, or dizziness—that arise from mental illness or emotional distress rather than an underlying organic disease. These real, often disabling symptoms result from the body expressing psychological**

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stress, with common examples including gastrointestinal issues, rapid heart rate, or neurological-like deficits.

4. **Pediatric psychiatric (child and adolescent psychiatry) is a medical subspecialty focused on diagnosing and treating mental, emotional, and behavioral disorders in children and adolescents (typically ages 1-17). These physicians use comprehensive assessments, including evaluations of developmental milestones and, if necessary, medication, to manage conditions like anxiety, depression, and behavioral disorders.**
5. **Comorbidities are the presence of one or more additional conditions co-occurring with a primary disease, often impacting treatment and prognosis. Examples include diabetes with heart disease, or depression with anxiety. These chronic, often independent conditions are crucial for managing overall patient health.**
6. **Psychothérapie translates to psychotherapy in English, often referred to as talk therapy, counseling, or therapy. It involves evidence-based, verbal techniques used by trained professionals (psychologists, psychiatrists, counselors) to help individuals identify and change troubling emotions, thoughts, and behaviors, treating mental health conditions and improving emotional well-being.**
7. **Sertraline (commonly known by brand name Zoloft) is a prescription antidepressant belonging to the SSRI class, used to treat depression, anxiety, panic disorder, PTSD, OCD, and PMDD. It works by increasing serotonin levels in the brain to improve mood. It is taken orally, typically once daily.**
8. **Key words are good.**
9. **Result part is awesome.**
10. **Summary points can be added.**
11. **References should be in alphabetical order.**
12. **After a small changes good to publish in your journal.**