

REVIEWER'S REPORT

Manuscript No.: JNHM-113

Title: The Role of Nutrition in Preventing Lifestyle Diseases: A Review of Current Evidence.

Recommendation:

- Accept as it is
- Accept after minor revision.....
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity	✓			
Significance	✓			

Reviewer Id: JPR-149

Reviewer's Comment for Publication.

The manuscript addresses an important public health topic and presents a clear overview of the role of nutrition in preventing lifestyle diseases. The paper is well structured, easy to understand, and supported by relevant literature. Minor revisions are suggested to enhance critical analysis and provide more discussion on recent research findings.